"14th ADVANCED COURSE ON DIAGNOSIS AND TREATMENT OF MOVEMENT DISORDERS"

Cagliari, 6th-9th November, 2026

Hotel Regina Margherita

Scientific Programme

Friday, 6th November 2026

14.00 – 14.15 **Opening - Course objectives: how to become an expert in Movement Disorders** - *A. Espay, A. Fasano, F. Morgante*

PHENOMENOLOGY AND SEMEIOLOGY OF MOVEMENT DISORDERS

14.15 – 14.45 **Overview of movement disorders: what experience taught me** – G. Cossu
14.45 – 15.30 **Introduction to Movement Disorders: overview of semeiology** - *F. Morgante*
15:30 – 15:50 **How to examine eye movements** - *A. Fasano*

15.50 – 16.15 *Discussion*

16.15 – 16.30 ***Coffee Break***

16.30 – 18.00 **Axial disturbances** - *A. Fasano*

18.00 – 18.30 *Discussion*

18.30 – 19:30 **Pathogenesis of Neurodegeneration** - *A. Espay*
19.30 – 20.00 *Discussion*

Saturday, 7th November 2026

PARKINSON'S SYNDROME
09.00 – 09.45 **Clinical picture** - *F. Morgante*
09.45 – 10.30 **Medical treatment** - *F. Morgante*
10.30 – 11.00 *Discussion*

11.00 – 11.15 ***Coffee Break***

11.15 – 12.00 **Infusion therapies** - *A. Fasano*
12.00 – 13.00 **Surgical therapy (MRgFUS and DBS)** - *A. Fasano*
13.00 – 13.30 *Discussion*

13.30 – 15.00 ***Lunch***

PARKINSONISMS
15.00 – 15.40 **Multiple System Atrophy** - *A. Fasano*
15.40 – 16.30 **Progressive Supranuclear Palsy and Corticobasal Syndrome** - *F. Morgante*
16.30 – 17.00 **Dementia and Parkinsonism** - *A. Fasano*
17.00 – 17.30 *Discussion*
17.30 – 18.00 ***Coffee Break***
18.00 – 18.45 **Dystonia and Parkinsonism** - *A. Espay*

18.45 –19.30 **Secondary Parkinsonisms** - *A. Espay*
19.30 – 20.00 *Discussion*
20.00 – 21.00 ***Break***

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21.00 – 23:00 ***Dinner Video rounds of complex Movement Disorders (cases presented by participants).*** **Chairpersons:** *A. Espay – A. Fasano – F. Morgante*

Sunday, 8th November 2026

DYSTONIA

09.00 – 10.00 **Differential Diagnosis of Dystonias** - *F. Morgante*
10.00 – 10.15 *Discussion*

10.15 – 11.00 **Botulinum toxin treatment** - *F. Morgante*
11.00 – 11.15 *Discussion*

11.15 – 11.35 ***Coffee Break***

11.35 – 13.05 **Pharmacological and Surgical treatment (MRgFUS and DBS)** - *A. Fasano*
13.05 – 13.30 *Discussion*

13.30 – 14.30 ***Lunch***

OTHER HYPERKINETIC MOVEMENT DISORDERS

14.30 – 15.30 **Rhythmical involuntary movements: phenomenology** - *A. Fasano*
15.30 – 16.15 **Rhythmical involuntary movements: treatment (pharmacological, MRgFUS and DBS)** - *A. Fasano*
16.15 – 16.45 *Discussion*

16.45 – 17.00 ***Coffee Break***

17.00 – 17.30 **Myoclonus: differential diagnosis and treatment** - *A. Espay*
17.30 – 18.00 **Stiff person syndrome and other diseases with abnormalities of muscle tone** - *A. Espay*
18.00 – 18.30 **Drug Induced Movement Disorders** - *F. Morgante*
18.30 – 19.00 **Movement Disorders emergencies** - *A. Espay*
19:00 – 19:30 *Discussion*

21.00 Social Dinner

Monday, 9th November 2026

09.00 – 10.00 **Ataxia: Clinical features, differential diagnosis and treatment** - *F. Morgante*
10.00 – 10.45 **Clinical approach to genetic choreas** - *A. Fasano*
10.45 – 11.15 **Secondary Choreas** – *D. Martino*

11.15 – 11.30 ***Coffee Break***

11.30 – 12.15 **Tourette Syndrome and other tic disorders** - *D. Martino*
12.15 – 13.00 **Functional Movement Disorders** - *F. Morgante*

13.00 – 14.00 **CME questions**

14.00 ***End of the Course***

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Scientific Directors: *Francesca Morgante & Alfonso Fasano*

FACULTY

***Alberto Espay**, University of Cincinnati, US*
***Alfonso Fasano**, University of Toronto, Canada*
***Francesca Morgante**, City St. George's University of London, UK*

GUEST FACULTY

Dr Giovanni Cossu, AO Brotzu, Cagliari, Italy
***Prof. Davide Martino**, University of Calgary, Canada*

C.M.E.

The congress will be suited for the following specializations within the medical profession:

- ✓ Neurology
- ✓ Clinical Neurophysiology
- ✓ Neurosurgery
- ✓ Physical medicine and rehabilitation
- ✓ Nuclear medicine
- ✓ Genetics

Rationale of the course

Major progresses have been achieved in Clinical Neurology which translated in innovations in clinical practice. The subspecialty of Movement Disorders has witnessed huge progresses and has evolved rapidly, from the discovery of the gene responsible for Huntington's disease (first direct application of positional cloning) to the use of the cerebral pacemakers for the treatment of tremor and Parkinson's disease (first large-scale use of Deep Brain Stimulation). The health professionals taking care of people with Movement Disorders need to keep up with the continuous development of diagnostic and management tools.

This the 14th edition of a course designed to provide an updated and advanced training to: a) health professionals involved in the care of people with Movement Disorders; b) residents, PhD students, clinical fellows who are approaching the vast chapter of Movement Disorders.

In this intensive course, each section is conceptualized to address the semiology, diagnostic and therapeutic aspects of movement disorders. Main sections include teaching on diagnosis and treatment of: hypokinetic disorders, such as Parkinson's disease and atypical Parkinsonisms; hyperkinesia, such as dystonias, choreas, stiff person syndrome, tics; disorders of coordination, balance and gait; functional movement disorders. Each talk include several video examples which complement discussion of recent randomized clinical trials and mechanistic studies as well as the clinical experience of the speakers.

The main objective is to provide a vision at 360° of Disorders of Movement, facilitated by the informal and interactive atmosphere that only an intensive course can create. The aspiration is to realize a training event in which the numerous gaps in the field of Movement Disorders can be an opportunity for debate between the most recent scientific innovations and the experience borrowed from years of clinical work.

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